

# APPENDIX C QUALITY OF LIFE

The following chapter outlines a context with regard to that way rural communities operate from a socialization point of view. It is why we have placed these report findings under Quality of Life. The rest of the chapter outlines a variety of organizations within the Elizabethtown-Kitley township that are related to Quality of Life factors such as water activities, cultural events, etc.

Source: Martin Turcotte, Statistics Canada,

"Social engagement and civic participation: Are rural and small town populations really at an advantage?"

Rural and Small Town Canada Analysis Bulletin Catalogue no. 21-006-XIE, Vol. 6, No. 4 (June 2005). Appendix XX - noted references / page numbers are found in that report.

# **HIGHLIGHTS**

- Rural residents are more likely to know all or most of their neighbours and rural residents are more likely to trust their neighbours. However, there is little difference between rural and urban residents in the degree to which they provide help to a neighbour or receive help from a neighbour.
- Rural residents are more likely to provide unpaid volunteer work for an organization but rural residents are no more likely than urban residents to give unpaid help to people that they know (like relatives, neighbours or friends).
- Rural residents are more likely to have a strong sense of belonging to their local community.
- However, there is no difference between rural and urban residents in terms of the degree of social isolation from friends or relatives, the level of political involvement and the levels of trust toward other people.

This bulletin uses General Social Survey (GSS), cycle 17 data (Appendix XX) to examine various aspects of social engagement, social cohesion and social participation. It assesses whether residents of rural and small town areas are more likely than residents of larger urban centres to be involved in organizations; to establish and maintain social relationships with friends, relatives and neighbours; to volunteer; to be involved in various social and political activities; and to express trust toward other people.

While there are many discussions around the concept of social capital, one way of describing it in a concise manner is to say that "social capital consists of networks of social relations which are characterized by norms of trust and reciprocity" (Stone, 2001). There have been two main reasons for this heightened interest in social capital and social engagement in recent years. First, individuals who are more socially engaged, and communities where social engagement is greater, are perceived to do better on several dimensions (health, economic success, general well-being, etc.). Secondly, social engagement and social capital have been portrayed as declining significantly in the past decades (e.g. Putnam, 2000), which motivated reflections on the causes of this decline and on possible solutions to reverse the trend. One of the factors identified to explain the decline of social engagement has been the rising urbanization of the population. Within this context, this article asks: are rural areas and small towns characterized by a higher level of social engagement and participation than larger urban centre? (page 3)

## Social relationships with relatives

Findings are consistent, and they indicate that residents of larger places are not more likely to be estranged or isolated from their relatives than others. (page 4) To summarize, rural residents were not more or less likely to be isolated from their family than urban residents they felt close to. However, rural residents were more likely to see their relatives very frequently (a few times a week or every day) than individuals who lived in larger urban centres. (page 5)

## Social Relationships with neighbours

The more rural a place, the greater the proportion of individuals who said they knew all or most of their neighbours. They were also more likely to say that they trusted most people in their neighbourhood. (page 6) Thus, rural populations are at an advantage with respect to neighbourliness, but not by as much as might be expected. (page 8) rural residents were reported to be more likely to help with child care in their neigbourhood.

#### **Volunteering activities**

In 2003, approximately 34 percent of all Canadians said that they did unpaid volunteer work for any organization. There was a clear and strong association between place of residence and volunteering. The more rural the place of residence, the greater was the likelihood of having volunteered in the past 12 months. These differences remained significant when other factors, such as age, gender, household income, level of education, length of residence in the neighbourhood, place of birth, province of residence and marital status, were taken into account. In other words, it is not because residents of more rural areas are different in their socioeconomic characteristics that they were more likely to be involved in volunteering activities. (page 12).

# Participation in voluntary organizations

The largest differences between urban and rural residents in membership were observed in service clubs or fraternal organizations (five percent in the largest CMAs versus twelve percent in both strong/moderate MIZ and weak/no MIZ). In order to verify if rural residents were proportionally more likely to be members of any organizations, the proportion of individuals who were members of at least one of the seven organizations mentioned in the GSS questionnaire was estimated. Residents of Montreal, Toronto, Vancouver and Ottawa-Gatineau were less likely to be members or participants in at least one organization than residents of other areas (52 percent versus 57 percent of residents of weak/no MIZ) (Figure 9). However, the proportion of individuals living in CMAs of 500,000 to 1 million who were involved in a least one organization was not different from the proportion observed in more rural areas. The differences between the largest urban areas and rural places were less than the differences previously reported in the United States (page 13 and 14).

## **Political participation**

The involvement of citizens in the political process is considered by many political scientists to be a central element of a healthy democracy (Verba, Scholzman and Brady, 1995). Attendance at public meetings on local affairs has been shown, at least in research in the United States, to be more frequent in rural areas and small towns than in large cities (Putnam, 2000; Oliver, 2000). There is also evidence to support this observation in Canada. According to the 2003 GSS data, the larger the place, the lower was the proportion of individuals who said that they attended a public meeting in the past 12 months. One explanation for this greater attendance of public meetings in smaller places might be that there are greater possibilities of directly influencing the political process in smaller towns; another explanation might be that there is a greater interest in local affairs in smaller communities (Oliver, 2000).(page 14)

## SENSE OF BELONGING AND TRUST

#### Trust

The level of trust within groups or communities is often considered as an important element of "social capital." Many authors argue that there are important positive outcomes for groups and communities in which people trust each other. For example, some research indicates that communities where citizens trust each other have a significant economic advantage (Knack and Keefer, 1997) and even show higher life expectancy rates (Kawachi, Kennedy and Lochner, 1997) along with lower homicide rates (Rosenfeld, Messner and Baumer, 2001).

Respondents were asked:

Generally speaking, would you say that most people can be trusted or that you cannot be too careful in dealing with people?

In summary, the level of trust expressed toward other peoples did not vary greatly along the rural-to-urban gradient. However, as it was shown in the section on social participation, residents of smaller places were significantly more likely to trust their neighbours than were residents of more urban places. (page 16)

#### Belonging

Residents of smaller places are sometimes said to have stronger sense of belonging toward their local communities than residents of larger places. GSS data provides strong support for that perception. The more urban the place of residence the less likely individuals were to say that they had a very strong sense of belonging to their local community. (page 16)

#### Conclusions

The greatest differences observed across the rural to-urban gradient related to:

- The proportion of individuals who knew all or most of their neighbours
- The extent to which individuals trusted their neighbours
- The incidence of volunteering
- Participation in a service club or fraternal organization and
- The sense of belonging to the local community.

For these 5 items, the differences between the residents of larger CMAs and residents of smaller places were quite important, and could not be explained by the fact that individuals living in more rural areas had different socio-economic and demographic characteristics than individuals living in more urban areas. In other words, to paraphrase Putnam, residents of rural areas were more engaged "because of where they are, not who they are" (2000:206).

# SPORTS AND RECREATION ACTIVITIES FOR ALL AGES

Parks and Recreation Department 6544 New Dublin Rd ,RR 2 , Addison, ON, K0E 1A0 T: 613-345-7480 Toll-free: 1-800-492-3175 (within the 613 area code) F:613-345-7235 Email : mail@elizabethtown-kitley.on.ca

The Township of Elizabethtown-Kitley offers a number of recreation options. Whether you are interested in swimming, camping, hiking, soccer, baseball, or simply spending time in a natural environment, you will find what you are looking for here. The Township also has a number of outdoor sporting and recreation venues including those for soccer and baseball. Visit the website at:http://www.elizabethtown-kitley.on.ca/siteengine/activepage.asp?PageID=33 for the complete list.

**Bellamy Park** 

To learn more about Bellamy Park, click here to visit the Park section of the website. http://www. elizabethtown-kitley.on.ca/siteengine/activepage.asp?PageID=29

Located at 450 Lake Eloida Road, Toledo ON K0E 1Y0, Bellamy Park can be found on the shores of beautiful Bellamy Lake, just two miles west of Toledo. The Park operates from Victoria Day weekend through the end of September.

The park offers a variety of features and attractions to suit everyone in the family. Some of the park's many attractions include:

- 100 acres including large wooded areas
- Swimming
- Sandy beach
- Playground
- Fishing on Bellamy Lake
- Boat ramp for easy launching
- Hiking
- Blaine Healey Ball diamond
- Horseshoe pits

#### **Swimming Programs**

Canadian Red Cross Water Safety Services programs including AquaTots, AquaQuest, AquaLeader . For more details about these program contact Water Safety: Services, Canadian Red Cross, at T: (613) 739-2542. Registration details website:

www.elizabethtown-kitley.on.ca/siteengine/activepage.asp

#### Golf

The township of Elizabethtown-Kitley is home to a number of golf courses

Cedar Valley Golf & Country Club R. R. # 6 , 7041 Hwy 29 Forthon ON T: (613) 342-2158 E:cedervalley@sympatico.ca Tincap Golf Club 4551 Airport Rd. Brockville, ON K6V 5T4 T: 613-498-4106

The Village Green Golf Club 353 Plum Hollow Road, Athens, ON T: (613) 924-4653

Sunnidell Golf P.O. Box 1885, 1945 Sharpes Lane Brockville ON K6V 6K9 T: (613) 498-0775 E-Mail: sunnidellgolf@ripnet.com www.sunnidell.com

## **Snow Mobile Clubs**

District 1 – Ontario Federation of Snow Mobile Clubs O.F.S.C. District One Office Box 1432 Morrisburg, Ontario K0C 1X0 T: 613.543.0374 E: info@district1ofsc.ca

The district consists of the area west to Napanee, north to Calabogie and east to the Ontario/ Quebec border. It has over 5000 km of marked, groomed trails. The clubs in District 1 sell over 8,000 trail permits annually to families in Eastern Ontario

#### Alpine sking and snow boarding

There are plenty of ski and snow board locations within a two and a half hour distance from Elizabethown-Kitley in both Ontario, Quebec and the United States. Here are just a few.

Calabogie Peaks Resort 1.5 hours from Elizabethtown-Kitley 30 Barrett Chute Road, Box 90, Calabogie, ON K0J 1H0 Toll free: 1-800-669-4861 www.calabogie.com

Camp Fortune 1.5 hours from Elizabethtown-Kitley 300 chemin Dunlop Chelsea, QC J9B 2N3 T: (819) 827-1717 E: info@campfortune.com www.campfortune.com

Mont Cascade 1.5 hours form Elizabethtown-Kitley 448 Mont Cascades Rd., Cantley, QC J8V 3B2 T: (819) 827-0301 Toll free: 1-888-282-2722 www.montcascades.ca Mount Pakenham PO Box 190, Pakenham, ON KOA 2X0 1.5 hours from Elizabethtown Kitley T: (613) 624-5290 E: ski@mountpakenham.com

Titus Mountain 1 hour from Elizabethtown-Kitley United States www.SKITITUSNOW.com

Whiteface Lake Placid 2.5 hours from Elizabethtown-Kitley 5021 NYS Route 86, Wilmington, NY 12997, United States T: (518) 946-2223 www.whiteface.com

#### **Cross Country – Snow shoeing trails**

Please visit Trails.com for the most up-to-date trails in Eastern Ontario www.trails.com/tcatalog\_trail.aspx

#### Walking / hiking trails

The region of Eastern Ontario and The United Counties of Leeds and Grenville boast a wide variety of walking and hiking trails. Maps and locations can be obtained by contacting local Municipal Offices or visit The United Counties of Leeds and Grenville www.uclg.ca/en/community/ parksandrecreation.asp for a complete listing on trails and walking areas and contact.

Brockville Municipal Office City of Brockville, 1 King Street West, Brockville, ON K6V 7A5 T: (613) 342-8772 Departments Contacts:http: www.city.brockville.on.ca

Brockville offers a large number and variety of sports related and recreation- related activities for all ages and competencies. Here is a list that is by no means complete as Brockville's offers growing monthly. Soccer, baseball, rugby, martial arts and kickboxing, cross-country ski trails and hockey. Clubs include runners, figure skating, swimming, bicycling and gymnastics. There is a yoga studio.

YMCA Canada 345 Park Street, Brockville ON K6V 5Y7 T: 613-342-7961 Membership, Course, Program information E: cwilkinson@brockvilley.com www.brockvilley.com/contact.htm

#### Golf

Brockville Highland Golf Course 3111 Parkdale Ave. Brockville ON K6V 3G7 T: (613) 342-7883 Brockville Country Club Address: Hwy. 2 W., Box 42 Brockville ONK6V 5T7 T: (613) 342-2468

# Curling

Brockville Country Club Hwy. 2 W., Box 42 Brockville ON K6V 5T7 T: (613) 342-2468

# Skating

Perth Perth Figure Skating Club P.O. Box 392, Perth, ON K7H 3G1 T: (613) 267-6293 E: perthfsc@yahoo.ca www.perthfigureskatingclub.com/

## Golf

Prescott Golf Club 900 Boundary St., P.O. Box 1026, Prescott, ON k0E 1t0 T: (613) 925-5006 E: prescottgc@ripnet.com www.prescottgolfclub.com

Figure Skating Club PO Box 1877, 444 dibble St., Prescott ON K0E 1T0 T: (613) 925-0406 E: info@prescottfigureskating.ca www.prescottfigureskatingclub.ca/

# WATER TRAIL SPORTS

# 1000 Islands Water Trail

Marinas and Yacht Clubs Part of the Elizabethtown-Kitley township lies within the St. Lawrence River/Seaway and the 1000 Islands; it is 30 kilometers from the Rideau River / canal system and a number of fresh water lakes all suitable for powerboats and sailing boats. Full service marinas with docking and storage facilities are all conveniently located along the water ways and within close proximity of Elizabethtown-Kitley.

Information from Marinas.com at www.marinas.com/browse/marina/CA/ON/50

Brockville Marina Market Street West Brockville Blockhouse Island Brockville T: (613) 342-1986

Brockville Yacht Club 3 St. Paul Street, Brockville T: (613) 345-3146. www.brockvilleyachtclub.com Excel Marine 1512 Lyn Road, Brockville T: (613) 345-2700 F: (613) 345-7529 excelmarine@bellnet.ca

## Brockville Public Boat Launch – free launching from Downtown Brockville

# Charleston Lake (Village)

Kelsey's Marina Ltd. 844 Water Street, Charleston Lake Village T: (613) 924-2568 E: judykelsey@prodigy.net www.pages.prodigy.net/judykelsey/kelseysmarina/

Charleston Lake Provincial Park 148 Woodvale Road, Lansdowne T: (613) 659-2065 www.ontarioparks.com

#### Elgin

Wykes Boats and Repairs 2351 Harlem Road, Elgin T: (613) 272-2362 Coordinates: 44.674658, -76.124385

Brown's Marina 1641 Chaffey's Lock Road, Elgin (Rideau Canal) Chaffey's Lock Location T: (613) 359-5466 www.brownsmarina.com E: dave@brownsmarina.com

Franklin's Marina 5 Franklin, Elgin T: (613) 359-5457

Sand Lake Marine 222 Hughs Road, Elgin T: (613) 359-5612 or (613) 359-5185 E: contact@sandlakemarine.com www.sandlakemarine.com

Shangri-La Marina and Campground 595 Jones Falls Road, Elgin, Ontario T: (613) 359-5774 E: shangrila@rbsinternet.com www.shangri.ca

# **PERFORMING / CREATIVE ARTS / FESTIVALS**

Brockville Arts Centre 235 King St. West, Brockville, ON, K6V 7A5 T: (613) 342-7122 Toll free: 1-877-342-7122 www.brockvilleartscentre.com E: bac@brockville.com

Built in 1858, the Brockville Arts Centre remains one of the most unique and historic performing arts centres in Canada. The Brockville Arts Centre's large proscenium stage and fine acoustics regularly attracts "World Class" entertainers such as Harry Connick Jr., Roger Whitaker, Blue Rodeo, Great Big Sea, Paul Brandt, Oliver Jones, Randy Bachman, Peter Appleyard, The Glenn Miller Orchestra and The Tragically Hip . The theatre also hosts many popular annual events such as The 1000 Islands Jazz Festival, the Summer Music Legends Series and the Fall Classical Music Series. The Brockville Arts Centre is the home stage for the St. Lawrence College Music/Theatre Performance Program. This program has gained National recognition.

Go to for slide presentation of previous performances www.stlawrencecollege.ca/slideshows/ mtp/SLC-MTPshows.htm

The theatre boasts one of the region's top Art Galleries, is fully accessible and offers phonic inear hearing devices for those with hearing disabilities. The facility is fully air conditioned, has plenty of free parking and is licensed by the LLBO. The theatre is located in heart of historic downtown Brockville and is within easy walking distance from the harbour and fine downtown restaurants.

#### Athens

Joshua Bates Centre 1 Main St. West, corner of Elgin and Main St T: (613) 924-9141 www.joshuabatescentre.com/

The Joshua Bates Centre is a performing arts centre that features music, theatre, dancing and art. The JBC is located on the second floor of the historic Athens Town Hall.

# **GALLERIES / VISUAL ARTS**

#### The Maria van Silfhout Gallery

www.sl.on.ca/index.aspx?iPageID=2939&iMenuID=8 2288 Parkedale Ave., Brockville, ON, K6V 5X3 T: (613) 345-0660 E: mvsgallery@sl.on.ca

The Marianne van Silfhout Gallery is a state-of-the-art community art gallery located at the front atrium of the St. Lawrence College campus in Brockville and will be a focus for the visual arts for Brockville and the larger Eastern Ontario area. Creation of the gallery was made possible by a major half-million dollar bequest from the estate of Marianne van Silfhout, a graduate of the Fine Art program at St. Lawrence College, as well as numerous donors to the St. Lawrence College Foundation.

# STUDIO TOURS/LOCAL ORGANIZATIONS/ARTISANS

Thousand Islands Arts PO Box 233, Mallorytown ON, KOE 1R0 www.tiarts.org/index.php

Thousand Islands Arts is a non-profit umbrella organization that is visibly active in planning and executing cultural events focusing on benefits for: Artists/Artisans, Business, Community, Tourism. This organization is comprised of individuals, community leaders and business partners who have a passion to develop new and enhance existing cultural arts within our chosen boundaries of the triangle formed by Brockville West, Gananoque and Athens South.

#### Eastern Ontario Drama League

E: eodl@cogeco.ca www.eodl.org/

The Eastern Ontario Drama League is an umbrella organization representing community theatres from Haliburton to Cornwall to Cobourg. Two festivals are held each year providing theatre groups the opportunity to learn and improve their skills through professional adjudications. The Full-Length Festival is held in the spring and the One-Act Festival in the fall. Each year, the EODL awards the Thérèse May Scholarship to a young member of one of our groups who intends to pursue a Theatre Arts related program.

Brockville Theatre Guild. P.O. Box 474 Brockville K6V 5V6

The Lions Club Music Festival T: (613) 342-7122 Toll free: 1-877-342-7122 E: bac@brockville.com

Brockville Operatic Society www.ripnet.com/sites/bos/ The Brockville Operatic Society is a theatre group that has been in existence since 1953. T: (613) 342-7122 Toll free: 1-877-342-7122 www.brockvilleartscentre.com E: bac@brockville.com

# **Brockville Community Choir**

E: rachelbushnell@gmail.com brockvillechoir.wordpress.com/

Established in 1986 under the direction of Howard Alexander. During its 22 years, the choir has offered 2 or 3 concerts each season and has performed in various community events and senior residences. Its repertoire is varied, consisting of oratorios, classical, sacred, secular, and folk music. (Taken from the website)

#### **MUSEUMS**

#### Heritage Elizabethtown-Kitley

Heritage Elizabethtown-Kitley is committed to furthering the investigation, identification, preservation, interpretation and wise use of the natural and constructed heritage of Elizabethtown-Kitley Township.

Elizabethtown-Kitley has over 60 cemeteries within its borders, over half of which are no longer maintained. Some of the very early cemeteries contain the remains of individuals who are the very founders of our Township or have other claims to prominence.

For more information on cemeteries, please contact the Heritage Committee.

Township of Elizabethtown-Kitley, 6544 New Dublin Rd., RR 2 , Addison, ON K0E 1A0 T: (613) 345-7480 Toll free: 1-800-492-3175 (within the 613 area code) E: mail@elizabethtown-kitley.on.ca

Additional research resources: Leeds & Grenville GenWeb: www.rootsweb.com/~onleedsg/index.htm Leeds and Grenville Chapter of the Ontario Genealogy Society Located in: The Brockville Museum 5 Henry Street, Brockville, ON T: (613)-342-7773 E: leedsgrenvillegenealogical@bellnet.ca www.leedsandgrenvillegenealogy.com/

The Elizabethtown-Kitley website www.elizabethtown-kitley.on.ca has a number of virtual historic tours of the area. The township was first surveyed for United Empire Loyalist migration in 17??. Named for the daughter of British King George III, Elizabethtown

Doors Open Ontario: From April to October each year is an event where communities open the doors to some of our most intriguing and charming heritage sites. www.doorsopenontario.on.ca

## **Ontario Museum Association**

50 Baldwin Street, Toronto, ON, M5T 1L4 T: (416) 348-8672 Toll-free: 1-866-OMA-8672 F: (416) 348-0438 www.museumsontario.com

#### **Brockville Museum**

5 Henry Street, Brockville, ON T: (613) 342-4397 General Inquiries: info@brockvillemuseum.com Location of the Leeds and Grenville Chapter of the Ontario Genealogy Society T: (613) 342-7773 E: leedsgrenvillegenealogical@bellnet.ca www.leedsandgrenvillegenealogy.com/

#### **Fulford Place**

Ontario Heritage Trust Fulford Place 287 King Street East, Brockville, ON T: (613) 498-3003 F: (613)498-1050 E: fulford@heritagetrust.on.ca

# Delta

Old Stone Mill PO Box 172, Delta, ON, K0E 1G0. T: (613) 928-2584 (office) (613) 928-2658 E: info@deltamill.org www.deltamill.org

## Elgin

Jones Falls Blacksmiths shop and Lockmaster's House, Rideau Canal P.O. Box 10, Elgin, ON, K0G 1E0 T: (613) 359-5377 E: chaffeys@king.ideas.net

## **CHURCHES / PLACES OF WORSHIP**

#### **Elizabethtown-Kitley**

Addison United Church Hall 9007 County Road 29, Athens, ON K0E 1A0 T: (613) 924-9816

United Church Athens T: (613) 924-2175

Christ United Church Lyn, ON, K0E 1M0 T: (613) 498-0281

## **Brockville Churches**

#### Anglican

St. Lawrence Anglican 80 Pine Street, Brockville, ON K6V 1G7 T: (613) 345-5717

Hellenic Community 206 Perth Street, Brockville, ON K6V 5E9 T: (613) 345-4696

#### **United Church of Canada**

St. John's United Church 32 Park Street, Brockville, Ontario K6V 2G4 T: (613) 345-5824 F: (613) 345-1806 www.stjohnsbrockville.org Wall Street United 5 Wall Street, Brockville, ON, K6V 4R8 T: (613) 342-5401 F: (613) 342-8804 E: wallstuc@ripnet.com www.web.ripnet.com/~wallstuc/

#### **Baptist**

1000 Islands Baptist Church 229 Park St., Brockville, ON K6V 5Y6 T: (613) 342-9552 E: tibc@bellnet.ca www/1000islandsbc.ca

Baptist Church Pine, Brockville, ON, K6V 5T7 T: (613) 345-5586

#### Pentecostal

Highway Temple Pentecostal 800 Stewart Boulevard, Brockville, ON K6V 7H2 T: (613) 342-4075 E: info@highwaychurch.net

Orthodox Church in America Archdiocese Of Canada RR 5, Spencerville, ON K0E 1X0 T: (613) 925-5226 www.archdiocese.ca

#### **Reformed Church**

Bethel Christian Reformed Church 117 Windsor Drive, Brockville, ON, K6V 3H7 T: (613) 345-2050

Maitland Community Reformed Church Maitland, ON, K0E 1P0 T: (613) 348-3472

Seventh Day Adventist Seventh Day Adventist Church 100 Perth Street, Brockville ON K6V 5C9 T: (613) 342-0590

## **Roman Catholic**

St. Francis Xavier 66 Church St, Brockville, ON K6V 3X6 T: (613) 342-2993 St. John Bosco Parish

175 Windsor Drive, Brockville ON, K6V 6G9

T: (613) 342-5095

F: (613) 342-5243

E: boscopar@ripnet.com sjbparish@bellnet.ca

# Presbyterian

Presbyterian Church of Canada 10 Church St, Box 885, Brockville ON K6V 5W1 T: (613) 345-5014 F: (613) 345-5016 E: firstkirk@ripnet.com www.firstkirk.co

## Lutheran

Good Sheppard Lutheran 374 Stewart Boulevard, Brockville ON K6V 4X1 T: (613) 342-2155

Brockville Wesleyan Church 33 Central Ave. West, Brockville ON T: (613) 342-4566

Womens Ministries 800 Stewart Boulevard, Brockville, ON, K6V7H2 T: (613) 345-4479